

RAFAEL LOVATO, JR. GUARD PASS SERIES

MOVE 2 - 3 POINT SYSTEM



In the opponent's butterfly guard, pass your arm under his leg and make a grip on the pant of the other leg. Then do a grip on the adversary's lapel, lay your head on his arm and stretch your leg back. Then, free the other leg and walk around the opponent towards his head and then apply pressure on his chest with your chest on side control. From the back, see how you free your leg from the opponent's guard.

